The sounds of training echoed down the halls as Kellen put in a few more rounds on the punching bag he was using. Throwing a few kicks and jabs to space himself out, he had been at this for about an hour now and the sweat was starting to build up on his dark skin. Taking a few moments he backed off and went to reach down for his water bottle when he felt a different one than the one he came in with. Blinking he turned and found that there was indeed a new water bottle sitting next to his with a note next to it. Picking it up he flipped it open.

"Hey Kellen! It's Kiluke, you seemed really into whatever you were doing so I decided not to bother you. But anyways I got this new sports drink that is super awesome! As you know I'm not a fit dude in any way but this stuff actually makes me want to try to work out for once. Anyways I got ya some so you could try it out for yourself. Trust me is super good!" Signed by his friend Kiluke.

Picking up the bottle he looked it over. It was clear and the purple colored liquid sloshing around inside just like water would so he shrugged and popped the cap open. Taking a swig the taste practically exploded on his tongue, there was all manner of berry flavours that just danced and tingles on his taste buds making him shiver as the sip turned into a chug. Giving a satisfied sigh he set the bottle down and flexed. It felt like he was full of new vigor and strength. Grinning wide he looked at the punching bag and went back to work, wailing on it harder than before as he gave a slight chuckle. A half an hour passed in the blink of an eye as he worked himself up a good sweat before he backed off once more. Panting softly he reached over and scooped up the bottle once more, knocking it back and chugging more of the super drink.

Suddenly a spike a pain shot through his core causing him to drop the bottle. It clattered to the mat as he clutched his stomach and groaned in pain. Falling to his knees as his body began to heat up even more, "Wh-what the hell?" He groaned as he fell forward, pain shot through his hands and he gasped as he saw his nails crack and break, hard black claws snapping through and piercing the mat. He huffed as his skin toughened while his hands throbbed and grew thicker. Feeling his palms puff up he turned his hands over and watched as thick pads built up on his palms and fingertips, "Wh-what the hell... what did Kiluke put in that... argh!" He yelped and panted as his back grew and spine stretched, shivering as his body pulled tight against his Gi. His panting devolved into soft whines as he winced while his nose darkened and face began to push out into a muzzle. His ear pulling out long and hanging down.

Whimpering as his muscles swelled he managed to turn over as a rush of heat raced down into his pants making his shaft jump to attention and push against his clothes. He blushed heavily as it throbbed several times before he noticed that with each pulse it grew longer and thicker, his round tip coming to a tapered point as it pushed hard against the cloth pants. Reaching down with his paw like hands he huff and gripped it making it jump up several more sizes and piercing through his pants. The

canine like red rocket pulsing in the open air as he wrapped his hand around it and began to stroke slowly.

His mind swam with emotions and feelings, his body popped and cracked in various places as he grew larger his Gi almost to it's breaking point before he suddenly gave out a canine like yelp and rolled over, a bulge was pressing against the back of his pants as it wiggled and wormed around inside before shooting out longer and breaking through his pants was a long thin tail. Shivering as the cool gym air played across it he looked down and noticed tufts of hair growing around his wrists and from the corner of his eyes the same puffy hair was growing at the tips of his ears while he felt another set of fluff building up at the end of his tail. Giving a groan and a soft growl he stretched, bones popping and settling as he swelled larger still his top finally giving up the ghost and falling away in two pieces. His tail wagged gently as he rolled back over thinking the changes were slowing down, "God... what the fuck did Kiluke do to me... I'm gonna kick his... ass.... Which looks so good I could just lick... wait where the hell did that come from?" He shook his head and held it with a soft groan before a spike of pleasure and pain hit his feet causing him to sit bolt upright.

Looking down the skin of his feet seemed to crawl and he could hear soft cracks and pops as his feet grew in size like his hands did but on a much larger scale it seemed. His toes wiggled and squirmed on their own as his feet grew sensitive to touch and even the cool air played tricks on his mind as his shaft twitched and throbbed. On and on they grew, claws popping off his old nails while thick pads swelled into place. His feet where now pushing past twice their old size and growing more. Heat built up in his soles and chest as he tried to stand, thinking he could reach his phone and dial Kiluke. He wobbled as his feet swelled larger, he felt more planted to the ground but his feet still felt so sensitive and as he took one step a shock of pleasure jumped through his body making him howl and his cock spill a bit of seed in the process, "OH fuck... fuck me... god... just... oooh..." He whimpered as he held his head. His thoughts swimming as he thought of what he was going to do to Kiluke when he caught him. First he was going to beat him up a bit, then pin him to the ground... then kiss him, moving down his body slowly and lifting those wonderful feet of his, kissing the toes and soles. Making out with them as Kiluke rubbed his head. The thought of Kiluke petting him made his tail wag while his shaft throbbed happily. He whimpered and tried to take another step before collapsing and gripping his shaft, stroking it fast as he curled his toes in pleasure.

"Aww does my puppy need some relief?" A soft voice came from behind him, making his ears perk up as he rolled over. Kiluke was there knelt down next to him with his big rabbit feet that were almost as big as his practically pressed against his dog nose. He gave a big sniff and moaned.

"Kiluke... you're here?"

"Hehe course I am, gotta help my poodle friend wish his first change don't I?"

Kellen whimpered and looked up at him, finally breaking his sight on the giant feet in front of him, "P-poodle friend?"

"Hehe yep, long story short, that stuff you drank woke up the animal sleeping in you, turns out you're a werepoodle. Like I'm a wererabbit! Now come on boy... lets have some fun shall we?"

The end... for now....